

SHAMROCK DUATHLON

Revival

5K | 20K | 5K
CONGRATULATIONS

JOSEPH NOLET

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

0:27:00
RUN 5K

0:40:00
BIKE 20K

0:33:00
RUN 5K2

1:40:00
TOTAL TIME

HMF
EVENTS