

SHAMROCK DUATHLON

Revival

5K | 20K | 5K
CONGRATULATIONS

CHRIS ADAMS

ON FINISHING THE DUATHLON - MULTI-DAY INDIVIDUAL

0:33:50
RUN 5K

0:55:00
BIKE 20K

0:38:14
RUN 5K2

2:07:04
TOTAL TIME

HMF
EVENTS