

SHAMROCK DUATHLON

Revival

5K | 20K | 5K
CONGRATULATIONS

TOM ST JOHN

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

0:24:36
RUN 5K

0:47:09
BIKE 20K

0:29:15
RUN 5K2

1:41:00
TOTAL TIME

HMF
EVENTS