

# SHAMROCK DUATHLON

## *Revival*

5K | 20K | 5K  
CONGRATULATIONS

### GLENN ZINN

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

**0:26:01**

RUN 5K

**0:53:58**

BIKE 20K

**0:34:59**

RUN 5K2

**1:54:58**

TOTAL TIME

**HMF**  
EVENTS