

SHAMROCK DUATHLON

Revival

5K | 20K | 5K
CONGRATULATIONS

MATT DYER

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

0:24:35

RUN 5K

0:41:09

BIKE 20K

0:24:12

RUN 5K2

1:29:56

TOTAL TIME

HMF
EVENTS