

# SHAMROCK DUATHLON

## *Revival*

5K | 20K | 5K  
CONGRATULATIONS

### KATE AUSTIN

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

**0:26:56**

RUN 5K

**0:48:29**

BIKE 20K

**0:33:27**

RUN 5K2

**1:48:52**

TOTAL TIME

**HMF**  
EVENTS