

# SHAMROCK DUATHLON

## Revival

5K | 20K | 5K  
CONGRATULATIONS

### KATE AUSTIN

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

**0:26:56**  
RUN 5K

**0:48:29**  
BIKE 20K

**0:33:27**  
RUN 5K2

**1:48:52**  
TOTAL TIME

**HMF**  
EVENTS