

# SHAMROCK DUATHLON

## Revival

5K | 20K | 5K  
CONGRATULATIONS

### PATRICK STIEGMAN

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

**0:26:03**  
RUN 5K

**0:29:39**  
BIKE 20K

**0:25:25**  
RUN 5K2

**1:21:07**  
TOTAL TIME

**HMF**  
EVENTS