

SHAMROCK DUATHLON

Revival

5K | 20K | 5K
CONGRATULATIONS

NICHOLAS DECIO

ON FINISHING THE DUATHLON - SINGLE-DAY INDIVIDUAL

0:24:03
RUN 5K

0:44:35
BIKE 20K

0:25:02
RUN 5K2

1:33:40
TOTAL TIME

HMF
EVENTS