



**NEILL MCIVOR**

**CONGRATULATIONS ON COMPLETING THE  
189 MILES - 14 MILES PER WEEK**

**35:30:24**

**FINISH TIME**

**09:15**

**AVERAGE PACE**

*Jerry*

**JERRY FROSTICK**  
RACE DIRECTOR

*Amy*

**AMY FROSTICK**  
RACE DIRECTOR