

# I RAN THE 33RD ANNUAL RUNNER'S EDGE LONG ISLAND WOMEN'S 5K

POWERED BY

**haku**



THE ATHLETE'S CHOICE™  
**JONAS** CHIROPRACTIC  
**MAYFAIR** diamonds & fine jewelry

## PILAR ALVARADO

COMPLETED ON JULY 9, 2016  
IN FARMINGDALE, NY  
5K

22:51.2

TIME

51

OVERALL

7:22/M

PACE

*Congratulations and a big thank you for participating on behalf of  
Greater Long Island Running Club*

THE 33RD ANNUAL RUNNER'S EDGE LONG ISLAND WOMEN'S 5K IS BROUGHT TO YOU BY:

