

# I RAN THE SANDS POINT PRESERVE SPRINT 5K RUN/WALK



## JOSE ROLANDO

COMPLETED ON AUGUST 7, 2016  
IN SANDS POINT, NY  
5K

20:51.8  
TIME

184  
OVERALL

6:44/M  
PACE

*Congratulations and a big thank you for participating on behalf of  
Greater Long Island Running Club*

POWERED BY  
**haku**

THE SANDS POINT PRESERVE SPRINT 5K RUN/WALK IS BROUGHT TO YOU BY:

