

# I RAN THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK 2019



## TRACY WELSH

COMPLETED ON JANUARY 19, 2019  
IN N MIAMI BEACH, FL  
5K

04:45.5  
TIME

310  
OVERALL

176 of 148  
FEMALE  
RANK

20:53/M  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

POWERED BY  
**haku**

THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK 2019 IS BROUGHT TO YOU BY:

