

# I RAN THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK 2019



## MICHAEL YARID

COMPLETED ON JANUARY 19, 2019  
IN N MIAMI BEACH, FL  
5K

21:57.7  
TIME

12  
OVERALL

9 of 106  
MALE RANK

7:05/M  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK 2019 IS BROUGHT TO YOU BY:



POWERED BY

**haku**