

# I RAN THE WATERFORD 5K



## FREDERICK DOLAN

COMPLETED ON NOVEMBER 9, 2018  
IN MIAMI, FL  
5K

0:18:09 TIME	4 OVERALL	1 of 71 MALE 45-49	4 of 491 MALE RANK	5:50 PACE
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*Congratulations and a big thank you for participating on behalf of TeamFootWorks*

POWERED BY

**haku**

THE WATERFORD 5K IS BROUGHT TO YOU BY:

