

I RAN THE 13TH ANNUAL HEART & SOLE 5K RUN/WALK



PJ DISKIN

COMPLETED ON JULY 17, 2016
IN PLAINVIEW, NY
5K

21:50.9
TIME

36
OVERALL

7:03/M
PACE

*Congratulations and a big thank you for participating on behalf of
Greater Long Island Running Club*

THE 13TH ANNUAL HEART & SOLE 5K RUN/WALK IS BROUGHT TO YOU BY:



POWERED BY
haku