

I RAN THE 13TH ANNUAL HEART & SOLE 5K RUN/WALK



PHILIP HAMID

COMPLETED ON JULY 17, 2016
IN PLAINVIEW, NY
5K

21:23.4
TIME

32
OVERALL

6:54/M
PACE

*Congratulations and a big thank you for participating on behalf of
Greater Long Island Running Club*

THE 13TH ANNUAL HEART & SOLE 5K RUN/WALK IS BROUGHT TO YOU BY:



POWERED BY

haku