

# I RAN THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK



## MANUEL NICARAGUA

COMPLETED ON JANUARY 13, 2018  
IN N MIAMI BEACH, FL  
5K

23:22.7 TIME	13 OVERALL	2 of 4 MALE 55 TO 59	10 of 69 MALE RANK	7:32/M PACE
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*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

THE ZO'S HEALTH & WELLNESS GROOVE 5K RUN/WALK IS BROUGHT TO YOU BY:



POWERED BY

**haku**