## I RAN THE FIREDUP5K10K!



## **RONALD WASHINGTON**

COMPLETED ON OCTOBER 15, 2017 IN N MIAMI BEACH, FL 5K

> 00:20:33 TIME

**OVERALL** 

06:37 PACE

Congratulations and a big thank you for participating on behalf of Fired Up Athletic Force, Inc.

THE FIREDUP5K10K! IS BROUGHT TO YOU BY: FREIUP



