



**BARB DIAMOND**

**CONGRATULATIONS ON COMPLETING THE  
189 MILES - BEGINNER WALKERS AND RUNNERS**

**81:42:05**

**FINISH TIME**

**19:33**

**AVERAGE PACE**

*Jerry*

**JERRY FROSTICK**  
RACE DIRECTOR

*Amy*

**AMY FROSTICK**  
RACE DIRECTOR