

# I RAN THE HONOR OUR VETERANS 5K 2022



## RYAN PARRADO

COMPLETED ON NOVEMBER 12, 2022  
IN MIAMI, FL  
5K

20:16.9  
TIME

11  
OVERALL

2 of 11  
M30-34

11 of 170  
MALE RANK

6:33  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Project Inc.*

THE HONOR OUR VETERANS 5K 2022 IS BROUGHT TO YOU BY: **GO<sup>run</sup>**  
A LIFESTYLE

POWERED BY  
**haku**