

GET OUT AND LIVE  
**WINTER**  
RUNNING SERIES

**2025**

**AUSTIN K BECICKA**

2022 WINTER RACE CIRCUIT

**HALF MARATHON**

**22:01**

**TOTAL TIME**

**01:40**

**AVERAGE PACE**

**5K**

**10K**

**10 Miler**

**Half Marathon**



**GOAL**  
FOUNDATION  
GET OUT AND LIVE™