

# I RAN THE 2023 4TH OF JULY 5K



## ERIC CASTAING

COMPLETED ON JULY 4, 2023  
IN MIAMI, FL  
5K

19:36.8  
TIME

25  
OVERALL

4 of 46  
M45-49

25 of 375  
MALE RANK

6:20  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

POWERED BY

**haku**

THE 2023 4TH OF JULY 5K IS BROUGHT TO YOU BY:

