

# I RAN THE 2023 4TH OF JULY 5K



## RUSSELL TOMLIN

COMPLETED ON JULY 4, 2023  
IN MIAMI, FL  
5K

19:17.6  
TIME

19  
OVERALL

4 of 17  
M15-19

19 of 375  
MALE RANK

6:13  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

THE 2023 4TH OF JULY 5K IS BROUGHT TO YOU BY:



POWERED BY

**haku**