

# I RAN THE 2023 4TH OF JULY 5K



## MICHAEL GARROTE

COMPLETED ON JULY 4, 2023  
IN MIAMI, FL  
5K

19:16.5  
TIME

18  
OVERALL

3 of 39  
M30-34

18 of 375  
MALE RANK

6:13  
PACE

*Congratulations and a big thank you for participating on behalf of Go Run Foundation*

POWERED BY

**haku**

THE 2023 4TH OF JULY 5K IS BROUGHT TO YOU BY:

