



PRESENTED BY  Bon Secours

**JOHN C LOMOGDA**

**CONGRATULATIONS ON COMPLETING THE  
5K**

**19:09**

**FINISH TIME**

**06:09**

**AVERAGE PACE**

**RESULTS BROUGHT TO YOU BY:**



*Jerry*

**JERRY FROSTICK**  
RACE DIRECTOR

*Amy*

**AMY FROSTICK**  
RACE DIRECTOR