

# CONGRATULATIONS!

## ERIKA TINDAL

CONGRATS ON FINISHING THE 5K!

**31:31**

FINISH TIME

**00:10:08**

AVERAGE PACE

**INDY HALF  
MARATHON  
AT FORT BEN**

**ATHLETICO**  
PHYSICAL THERAPY



**CLIF BAR  
BAKING COMPANY**  
INDIANAPOLIS