

# I RAN THE TRACK SHACK'S CELEBRATION OF RUNNING 5K PRESENTED BY FLORIDA HOSPITAL



## JOHN LAFRENIERE

COMPLETED ON AUGUST 19, 2017  
IN ORLANDO, FL  
5K

18:32  
TIME

24  
OVERALL

1 of 1  
\*\*\*\*MEN -  
GRAND  
MASTERS\*\*\*\*

21 of 841  
MALE RANK

5:57.9  
PACE

POWERED BY  
**haku**

*Congratulations and a big thank you for participating on behalf of  
Track Shack Events*

THE TRACK SHACK'S CELEBRATION OF RUNNING 5K PRESENTED BY FLORIDA HOSPITAL IS BROUGHT  
TO YOU BY: 